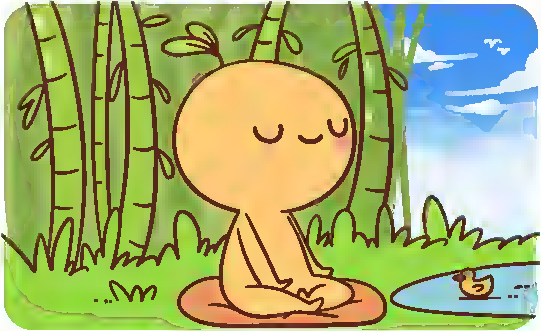
Don't focus on people who
don't appreciate you.

Instead, focus on other things to improve yourself.

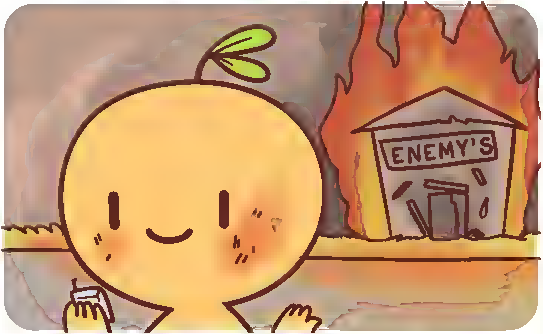
Read a book.

Hit the gym.

LINE Webtoon



Train your mind.



Practice your match throwing.

Self appreciation.
It's pretty awesome.